Reflections



July 2012

A newsletter for beneficiaries of the SDA Church Retirement Plan for Canadian Employees

"Outside of God..."

By Theresa VanWart

Definition - A mission statement is a statement of the purpose of a life. The mission statement should guide the actions, spell out the overall goal, provide a path and guide decision-making.

What has been the mission statement of your life? As you reflect on life's journey, where you have been and where you are going, does the goal ultimately point in one direction?

Many of the famous brands in the business world have a

mission statement. Here are some examples:

Nike: To bring inspiration and innovation to every athlete in the world.

McDonald's: To be the world's best quick service restaurant experience. Being the best means providing outstanding quality, service, cleanliness, and value, so that we make every customer in every restaurant smile.

Walt Disney: To Make People Happy.

You may now be looking at the shorter side of life in your journey as opposed to the longer side, but the direction you are headed is still very important. The words of Solomon in Ecclesiastes 2 remind us that all is vanity under the sun. In the original Hebrew script, under the sun literally means outside of God!

Is your life a living testament to your relationship with God and are you influencing others in a positive direction?

Today, there are many distractions that pull our attention from the purpose stamped upon our lives. Whether it be pleasure, wealth, fame or success, it is easy to allow the seeking after gain to deter us from our mission statement. But stand strong and claim Psalms 16:8, "I have set the Lord always before me, because He is at my right hand, I shall not be moved."

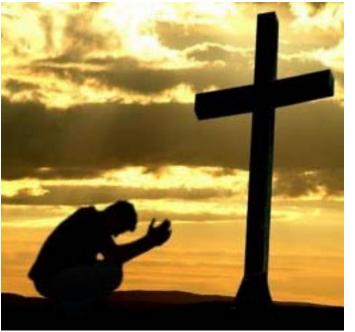
You are at that point in your journey on this earth where you are the legacy. Enjoy this world, but never let it distract you from your goal. Here are three key

> principles to be used when evaluating whether something is a distraction or a simple pleasure.

- 1. Read about Gideon and God's elimination of his army from 32,000 to 300 men. (Judges 7) Anything that refreshes you without distracting from, diminishing or destroying your final goal is a legitimate pleasure!
- 2. Read about David and the refreshing drink he receives from his men and why he pours it on the ground. (2 Samuel 23:15-17) Any pleasure that

jeopardizes the sacred right of another may well be an illicit pleasure!

3. Read from the wise words of Solomon in Proverbs 25:16, "Have you found [pleasure sweet like] honey? Eat only as much as is sufficient for you, lest, being filled with it, you vomit it." Any pleasure, however good, if not kept in balance will distort reality or destroy appetite!



Reflections Page 2

I challenge you to evaluate and rewrite (if necessary) the mission statement of your life, and then step out in faith to allow no pleasure or sorrow to distract you from its achievement, for your legacy is a testament of the God you serve. There is no day like today to change and be changed, to live and be life, to gain faith and be faithful, to have purpose and to be that purpose! (Jeremiah 29:11-13)



Teresa VanWart has spent the last 11 years serving in Adventist Education in Michigan, Tennessee and one year abroad in Taiwan. She pursued her undergraduate degree at

Southern Adventist University in English with minors in History, Political Economics and Religion. She was headed for a career in law but God had a different call for her life. Teresa continued her education at Andrews University by completing a Master of Arts in Teaching. She most currently is finishing her first book, Diamonds Aren't Always Forever, starting her second book, A Generation of Spiritually Weak Men and Out of Place Women, and waiting for God to lead. She considers her ministry for the Kingdom to be the lifeblood of her very soul and challenges people to hold fast to Psalm 16:8 and "not be moved."



July 1st was Canada's 145th birthday!





- 1. Feb. 15 1965: Canada's new red and white Maple Leaf flag was raised for the first time on Parliament Hill. Maurice Bourget, Speaker of the Senate, addressed the audience. "The flag is the symbol of the nation's unity, for it, beyond any doubt, represents all the citizens of Canada without distinction, language, belief or opinion."
- 2. The official name is the National Flag of Canada.
- 3. The flag at the Peace Tower flies 24 hours a day, seven days a week. It is changed on a daily basis, usually early in the morning and by a designated Parliament Hill building employee who receives training on how to perform the task.
- 4. Once a flag is drawn, it goes to the office of the Minister of Public Works and Government Services, before it is eventually distributed to people who have requested it.
- 5. The Peace Tower flag is 2.25 metres by 4.5 metres.
- 6. National Flag Day: Feb. 15
- 7. The combination of red, white and red first appeared in the General Service Medal issued by Queen Victoria.
- 8. The flag is red and white, the official colours of Canada as appointed by King George V in 1921, with a stylized 11-point red leaf in its centre. It is twice as long as it is wide.
- 9. It takes about a week, from start to finish, to make a batch of Canadian flags at Toronto's Flying Colours International. The company uses high tenacity nylon that is made in Kingston and woven into fabric in a Quebec factory. The fabric is stripped of oil before it is printed with a water-based dye.

- 10. The largest Canadian flag ever made, according to Flying Colours International, was recently unveiled at a football game in Hamilton, between the Hamilton Tiger-Cats and Toronto Argonauts. The flag was 38 metres by 76 metres, and required at least 80 pairs of hands to carry it on to the field. This flag will never fly -- it's too big -- but it will be brought on to the turf at Ivor Wynne Stadium, the Ticat's home base, for the start of every home game. A flag that size costs \$15,000.
- 11. Flag etiquette stipulates that when the National Flag of Canada is raised or lowered, or when it is carried in a parade or review, all present should face the flag, men should remove their hats and all should remain silent. Those in uniform should salute.
- 12. When provincial and territorial flags are flown with the National Flag of Canada, the order is based on the date of entry into Confederation of the provinces followed by the territories.
- 13. Flags are flown at the half-mast position as a sign of mourning. The flag is brought to the half-mast position by first raising it to the top of the mast then immediately lowering it slowly to the half-mast position.
- 14. It should not be used as table/seat cover, as a masking for boxes or as a barrier on a dais or platform. Nothing should be pinned to or sewn on the National Flag of Canada. The National Flag of Canada should not be signed or marked in any way. (A border could be attached to the edge of the flag on which it would be acceptable to have signatures, leaving the flag itself untouched.)
- 15. The Trade Marks Act protects the National Flag of Canada against unauthorized use.

Reflections Page 3



Prayer Corner

At worship (Monday – Thursday), the SDACC prays for our entities across Canada. Please join us in

uplifting each other in prayer.

For where two or three are gathered in my name, there am I among them. Matthew 18:20 ESV

July 2012

Ontario

03-Teachers & Students

Quebec

04-Administration & Board of Directors

05-Departmental Directors & Support Staff

09-Evangelistic Efforts & Interests

10-Pastors & Members

11-Teachers & Students

ADRA

12-Administration & Board of Directors

16-Support Staff

17-Overseas & Domestic Projects

18-Program Directors

It Is Written

19-Administration & Board of Directors

23-Support Staff

24-Evangelistic Meetings

25-Television Viewers

Canadian University College

26-Administration & Board of Directors

30-Teachers & Students

31-Recruitment & Campus Ministry

August 2012

Canadian University College 01-Parents & Students

Christian Record Services

02-Administration & Board of Directors

07-Field Representatives

08-Needs of the Blinds

09-Business Contacts

Kingsway College

13-Administration & Board of Directors

14-Teachers & Students

15-Recruitment & Campus Ministries

16-Parents & Sponsors

SDACC

20-Administration & Board of Directors

21-Departmental Directors & Support Staff

22-Missionaries

23-Retirees

Alberta

27-Administration & Board of Directors

28-Departmental Directors & Support Staff

29-Evangelistic Efforts & Interests

30-Pastors & Members

31-Teachers & Students

September 2012

British Columbia

04-Administion & Board of Directors

05-Departmental Directors & Support Staff

06-Evangelistic Efforts & Interests

10-Pastors & Members

11-Teachers & Students

Maritimes

12-Administration & Board of Directors

13-Departmental Directors & Support Staff

17-Evangelistic Efforts & Support Staff

18-Pastors & Members

19-Teachers & Students

Manitoba/Saskatchewan

20-Administration & Board of Directors

24-Departmental Directors & Support Staff

25-Evangelistic Efforts & Interests

26-Pastors & Members

27-Teachers & Students

Reflections Page 4

October 2012

Newfoundland/Labrador

01-Administration & Board of Directors

02-Departmental Directors & Support Staff

03-Evangelistic Efforts & Interests

04-Pastors & Members

09-SDA Students in Public Schools

Ontario

10-Administration & Board of Directors

11-Departmental Directors & Support Staff

15-Evangelistic Efforts & Support Staff

16-Pastors & Members

17-Teachers & Students

Quebec

18-Administration & Board of Directors

22-Departmental Directors & Support Staff

23-Evangelistic Efforts & Interests

24-Pastors & Members

25-Teachers & Students

ADRA

29-Administration & Board of Directors

30-Departmental Directors & Support Staff

31-Overseas & Domestic Projects



2012 Cheques/EFT Schedule:



Canadian Retirement Plans

Marilyn Pazitka, Director

Pazitka.Marilyn@adventist.ca

Charisma Hodgins, Administrative Assistant

Hodgins.Charisma@adventist.ca

Submit changes to Isabelle Di Ciccio, Payroll Clerk: Direct deposits, cheques, tax withholding, change of address, reporting a death

Diciccio.Isabelle@adventist.ca

Send comments/suggestions to:

Retirement Department

1148 King St E

Oshawa ON L1H 1H8

Phone: (905) 433-0011

Fax: (905) 433-0982

Web Site: www.adventist.ca/retirement

Health Benefits Plan

Juanita Longman, *Director* Longman.Juanita@adventist.ca

Gloria Greer, *Benefit Specialist* Greer.Gloria@adventist.ca

1-800-263-7868

Healthcare Claims Queries

Submit medical claims to:

Health Benefits Administration

1148 King St E

Oshawa ON L1H 1H8

2012 Can<mark>adi</mark>an to US Exchange Rates: January Statement / Exchange Rate = Bank Deposit

January	1.0262	July
February	1.0119	August
March	1.0142	September
April	1.0026	October
May	1.0424	November
June	1.0414	December