



Seventh-day Adventist Church Retirement Plan for Canadian Employees

Canadian Retirement Plans

Marilyn Pazitka, Director

Charisma Hodgins, Retirement Specialist

Colleen Page, Benefits Assistant

Aileen Babida, Junior Accountant
*Direct deposits, cheques, tax withholding,
change of address, reporting a death*
retirement@adventist.ca

Retirement Department
1148 King St E
Oshawa ON L1H 1H8
Phone: (905) 433-0011
Fax: (905) 433-0982
Web Site: www.adventist.ca/retirement

Health Benefits Plan

Jeremy O'Dell, Director

Jesther Migrino, Claims Specialist

Karen Jacinto, Claims Specialist

Nadine Ramsay, Secretary

Healthcare Claims Enquiries
1-800-263-7868
healthbenefits@adventist.ca

Submit medical claims to:
Health Benefits Administration
1148 King St E
Oshawa ON L1H 1H8

2024 Canadian to US Exchange Rates:

Annual Fixed Rate: 1.3497

January Statement / Exchange Rate
= Bank Deposit

January	1.3760	July	1.4054
February	1.3400	August	1.3832
March	1.3831	September	1.3668
April	1.3941	October	1.4085
May	1.3968	November	
June	1.3877	December	



Prayer Corner

“For where two or three are gathered together
in my name, there am I in the midst of them.”
Matthew 18:20 KJV



November

Quebec Conference

- 4 – Administration & Board
- 5 – Departmental Directors & Support Staff
- 6 – Evangelistic Efforts & Interests
- 7 – Pastors & Members

SDACC

- 11 – Administration & Board
- 12 – Departmental Directors & Support Staff
- 13 – Missionaries
- 14 – Retirees

ADRA Canada

- 18 – Administration & Board
- 19 – Departmental Directors & Support Staff
- 20 – Overseas
- 21 – Program Directors

Alberta Conference

- 25 – Administration & Board
- 26 – Departmental Directors & Support Staff
- 27 – Evangelistic Efforts & interests
- 28 – Pastors & Members

2024/2025 Cheques/EFT Schedule:



November 25
December 23
January 24