



Seventh-day Adventist Church Retirement Plan for Canadian Employees

Canadian Retirement Plans

Marilyn Pazitka, Director

Charisma Hodgins, Retirement Specialist

Colleen Page, Benefits Assistant

Elizabeth Belz, Accountant

Direct deposits, cheques, tax withholding

Nadine Ramsay, Secretary

Change of address, reporting a death
retirement@adventist.ca

Retirement Department

1148 King St E

Oshawa ON L1H 1H8

Phone: (905) 433-0011

Fax: (905) 433-0982

Web Site: www.adventist.ca/retirement

Health Benefits Plan

Jeremy O'Dell, Director

Jesther Migrino, Claims Specialist

Karen Jacinto, Claims Specialist

Healthcare Claims Enquiries

1-800-263-7868

healthbenefits@adventist.ca

Submit medical claims to:

Health Benefits Administration

1148 King St E

Oshawa ON L1H 1H8

2024 Canadian to US Exchange Rates:

Annual Fixed Rate: 1.3497

January Statement / Exchange Rate

= Bank Deposit

January	1.3760	July	1.4054
February	1.3400	August	1.3832
March	1.3831	September	1.3668
April	1.3941	October	
May	1.3968	November	
June	1.3877	December	



Prayer Corner

“For where two or three are gathered together in my name, there am I in the midst of them.”
Matthew 18:20 KJV



October

Kingsway College

1 – Parents/Sponsors

2 – Recruitment/Campus Ministry

3 – Teachers & Students

Manitoba-Saskatchewan Conference

7 – Administration & Board

8 – Departmental Directors & Support Staff

9 – Evangelistic Efforts & Interests

10 – Pastors & Members

Maritime Conference

15 – Administration & Board

16 – Departmental Directors & Support Staff

17 – Evangelistic Efforts & Interests

21 – Pastors & Members

Newfoundland and Labrador Mission

22 – Administration & Board

23 – Departmental Directors & Support Staff

24 – Evangelistic Efforts & interests

28 – Pastors & Members

Ontario Conference

29 – Administration & Board

30 - Departmental Directors & Support Staff

31 – Evangelistic Efforts & Interests

2024 Cheques/EFT Schedule:



October 25
November 25
December 23