



Seventh-day Adventist Church Retirement Plan for Canadian Employees

Canadian Retirement Plans

Marilyn Pazitka, Director

Charisma Hodgins, Retirement Specialist

Colleen Page, Benefits Assistant

Elizabeth Belz, Accountant

Direct deposits, cheques, tax withholding

Nadine Ramsay, Secretary

Change of address, reporting a death
retirement@adventist.ca

Retirement Department

1148 King St E

Oshawa ON L1H 1H8

Phone: (905) 433-0011

Fax: (905) 433-0982

Web Site: www.adventist.ca/retirement

Health Benefits Plan

Jeremy O'Dell, Director

Jesther Migrino, Claims Specialist

Karen Jacinto, Claims Specialist

Healthcare Claims Enquiries

1-800-263-7868

healthbenefits@adventist.ca

Submit medical claims to:

Health Benefits Administration

1148 King St E

Oshawa ON L1H 1H8

2024 Canadian to US Exchange Rates:

Annual Fixed Rate: 1.3497

January Statement / Exchange Rate

= Bank Deposit

January	1.3760	July	1.4054
February	1.3400	August	1.3832
March	1.3831	September	
April	1.3941	October	
May	1.3968	November	
June	1.3877	December	



Prayer Corner

“For where two or three are gathered together in my name, there am I in the midst of them.”
Matthew 18:20 KJV



September

British Columbia Conference

3 – Administration & Board

4 – Departmental Directors & Support Staff

5 – Evangelistic Efforts & Interests

9 – Pastors & Members

Burman University

10 – Administration & Board

11 – Support Staff

12 – Parents & Sponsors

16 – Recruitment/Campus Ministry

17 – Teachers & Students

It Is Written Canada

18 – Administration & Board

19 – Support Staff

23 – Evangelistic Efforts & Interests

24 – Television Viewers

Kingsway College

25 – Administration & Board

26 – Support Staff

2024 Cheques/EFT Schedule:



September 25

October 25

November 25