



Seventh-day Adventist Church Retirement Plan for Canadian Employees

Canadian Retirement Plans

Marilyn Pazitka, Director

Charisma Hodgins, Retirement Specialist

Colleen Page, Benefits Assistant

Elizabeth Belz, Accountant

Direct deposits, cheques, tax withholding

Nadine Ramsay, Secretary

Change of address, reporting a death

retirement@adventist.ca

Retirement Department

1148 King St E

Oshawa ON L1H 1H8

Phone: (905) 433-0011

Fax: (905) 433-0982

Web Site: www.adventist.ca/retirement

Health Benefits Plan

Jeremy O'Dell, Director

Jesther Migrino, Claims Specialist

Karen Jacinto, Claims Specialist

Healthcare Claims Enquiries

1-800-263-7868

healthbenefits@adventist.ca

Submit medical claims to:

Health Benefits Administration

1148 King St E

Oshawa ON L1H 1H8

2024 Canadian to US Exchange Rates:

Annual Fixed Rate: 1.3497

January Statement / Exchange Rate

= Bank Deposit

January	1.3760	July	1.4054
February	1.3400	August	
March	1.3831	September	
April	1.3941	October	
May	1.3968	November	
June	1.3877	December	



Prayer Corner

“For where two or three are gathered together in my name, there am I in the midst of them.”

Matthew 18:20 KJV



August

Quebec Conference

1 – Administration & Board

6 – Departmental Directors & Support Staff

7 – Evangelistic Efforts & Interests

8 – Pastors & Members

Seventh-day Adventist Church in Canada

12 – Administration & Board

13 – Departmental Directors & Support Staff

14 – Missionaries

15 – Retirees

ADRA Canada

19 – Administration & Board

20 – Departmental Directors & Support Staff

21 – Overseas

22 – Program Directors

Alberta Conference

26 – Administration & Board

27 – Departmental Directors & Support Staff

28 – Evangelistic Efforts & Interests

29 – Pastors & Members

2024 Cheques/EFT Schedule:



August 23
September 25
October 25